Chapter 1 of *Time and Free Will*: "The Intensity of Psychic States"

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- I) First step: analyze a badly formed problem: quantity of intensity of psychic states?
 - A) Quantitative comparison implies a container / contained relation
 - 1) This works for numbers
 - 2) It can't work for psychological states ("intensities")
 - B) The notion of "intensive magnitude" is no help
 - 1) Assumes something in common btw intensive and extensive magnitudes
 - 2) But intensities are unextended (so we have difference in kind)
 - (a) Since we need extension to compare quantity
 - (b) Then "intensive quantity" is contradiction
 - 3) Origin of the illusion:
 - (a) Image of coiled spring
 - (b) Thus we mistakenly think of psych states in spatial terms
 - C) Refutation of two possible responses
 - 1) Distinguishing intensities by objective causes
 - 2) Distinguishing intensities by reduction to atomic movements
- II) Second step: establish difference in kind btw feelings vs efforts and sensations
- III) Third step: analyze states in terms of time [= changes in quality], not space
 - A) Inner states of cness (feelings)
 - 1) Desiring feelings
 - (a) Passion as paradigm case: change of quality of all psychic states
 - (i) Notice the affective language concerning reflective cness: philosophy requires effort directed against natural affective inclinations of thought
 - (i) Dynamic view is *repugnant* to the reflective cness
 - (ii) Reflective cness *delights in* [aime]
 - 1. clean distinctions expressed in words
 - 2. sharp outlines, as in things in space
 - (ii) the illusion is result of "hypostatization"
 - (i) putting into form of a single growing [extensively changing] state
 - (ii) change in quality of "confused heap of co-existing psychic states"
 - (b) Hope: idea of future more appealing than future itself
 - (c) Joy
 - (i) Description:
 - (i) Turning of states of cness toward future
 - (ii) Faster turnover of ideas and sensations = decreasing effort
 - (iii) Tingeing of states with an "indefinable quality" akin to heat / light
 - (ii) Formulation: series of qualitative alterations of whole of psychic state
 - (iii) Genesis of illusion:
 - (i) We know if joy pervades all our states or only some of them
 - (ii) We thus set up divisions via intervals separating two forms of joy

- (iii) Transition lets them appear as diff intensities of same feeling changing in magnitude
- (d) Sorrow: orientation to past
- 2) Aesthetic feelings: even better examples of seeming increase in magnitude (a) Grace
 - (i) Analysis of progression:
 - (i) Perception of ease in outer movements leads to feeling of increasing ease of anticipated / linked movements
 - 1. Jerky, broken up movements
 - 2. Smooth curves
 - (ii) Pleasure in mastering flow of time: holding future in present
 - (iii) Rhythm and music accompaniment make us feel we control dancer
 - 1. There is a sort of communication set up
 - 2. Our hands move of their own accord
 - (iv) A kind of "physical sympathy" here; affinity w/ moral sympathy
 - 1. Cf. "entrainment"
 - 2. Cf. mirror neurons and simulation theory
 - (ii) Essence of grace: virtual / nascent sympathy
 - (iii) Conclusion: qualitative / interwoven progress [duration] interpreted as increase in quantity bcs of desire for simple thoughts and bad fit of language for expressing psych states [IOW, spatialized thought]
 - (b) Beauty
 - (i) Art as "weakened hypnosis"
 - (ii) Nature: expresses feelings rather than suggesting them
 - (c) Moral feelings
 - (i) Pity: progression from horror to fear to sympathy to humility
- B) Surface states of cness (with external causes)
 - 1) Muscular effort
 - (a) Preliminary remarks
 - (i) Key component in illusion of intensive magnitudes
 - (ii) Seems to psychically pre-exist its physical manifestations
 - (iii) Science seems to agree with common sense (except for Wm James)
 - (b) James offers us the key: feeling of effort is centripetal, not centrifugal
 - (c) Bergson: feeling of greater effort from extent of muscle involvement
 - (i) Examples: fist, lips, lifting
 - (ii) Conclusion:
 - (i) Illusion of quantity of effort from quantity of muscles involved and qualitative change in some
 - (ii) Thus, again a qualitative progress betrayed by reflective cness
 - 2) Intermediate states: btw superficial efforts and deep feelings
 - (a) Attention ("intellectual effort"): muscles of scalp / face
 - (b) Violent emotions ("psychic tension"): e.g. rage, fear, aversion, shame, etc.
 - (i) Reduced to organic disturbance coordinated by idea of action
 - (ii) Bergson conflates, it seems to me, basic emotions w/ social emotions
 - (i) Basic emotions = affect programs = primitive inheritances
 - (ii) Social emotions (e.g., shame) = much higher cognitive input

- 3) Sensations
 - (a) Affective sensations: pleasure and pain
 - (i) Analysis:
 - (i) We associate affect with past conditions
 - (ii) But B will show affect has a future orientation
 - 1. Higher organisms interrupt reflexes
 - a. (MM = "zone of indetermination")
 - b. "nascent freedom"
 - 2. Affect as resistance to reflex via sketch of deferred reflex action
 - (iii) How does this simplify the analysis?
 - 1. Past conditions are molecular / unconscious
 - 2. But affect is cness of reflex action as invitation to choose btw
 - a. Prefigured reflex action
 - b. Or another, chosen, action
 - (iv) Conclusion: affect is thus cness of sketched involuntary reactions
 - (ii) Genesis of illusion:
 - (i) we confuse the "choir" of many body reactions
 - (ii) with growth of a single state ("pain" or "pleasure")
 - (b) Representative sensations
 - (i) Mixed with affect
 - (ii) Purely representational
 - (i) General analysis: (= "acquired perception")
 - 1. First we associate quantity of cause w/ quality of effect
 - 2. Then we transfer
 - a. Idea into sensation
 - b. That is, quantity of cause into quality of effect
 - (ii) Examples:
 - 1. Sound:
 - a. Intensity: we interpret quality of sensation as quantity of effort to produce such a sound
 - i. high-intensity range, by effort of striking an object
 - ii. mid-range, effort we would need to produce
 - b. Pitch: picturing notes on scale is transposition of quality
 - i. you're really just thinking of effort to produce that note
 - ii. verticality of scale bcs "high" notes resonate in head and effort is to breath air up and out of chest
 - Heat and cold: difference in kind
 - a. Differences in quality of heat attributed to
 - i. Distance from source of heat
 - ii. Or extent of body surface affected
 - b. Thus, again, we have put the cause into the effect
 - 3. Pressure and weight
 - a. Weight sensation = centripetal synthesis of distributed efforts
 - b. Related to belief in homogeneous movement in hom. space
 - i. Belief via comparison of qualitatively different movements
 - ii. "materialization" of movement at extremity of moving arm

- c. Here again reflective cness overrides immediate cness
 - i. Impression of homogeneous motion / space imposed on
 - ii. Immediate cness of sensation of "heavy movement" which can be analyzed (method of intuition) into series of qualitatively different sensations (duration)

4. Light

- a. B's prelim analysis: number of diff factors involved in gathering info about light source
 - i. E.g., We overlook changes in hue; we insist on fixed colors and attribute qualitative changes to quantitative changes in "intensive magnitude" of light
 - ii. IOW, "We thus substitute, once more, for the qualitative impression received by our [immediate] cness, the quantitative interpretation given by our understanding [reflective cness]"
- b. Analysis of experiments
- c. Conclusion: psycho-physics only renders precise common sense assumption of magnitude of sensations
- IV) Recap of Ch 1 / Forecast of Ch 2
 - A) Recap of Ch 1: Intensity
 - 1) Difference in kind of illusions in outer and inner sensations
 - (a) Outer = "acquired perception"
 - (b) Inner = "confused perception"
 - 2) Intensity at intersection of two streams of idea of extensive magnitude
 - (a) from external causes.
 - (b) or from "inner multiplicity"
 - B) Forecast of Ch. 2: we will treat psych states not in isolation, but in the "concrete multiplicity, in so far as they unfold themselves in pure duration."
 - 1) Task:
 - (a) Just as we isolated intensities from causes
 - (b) We will isolate duration from the "space" in which it is thought to unfold
 - 2) Stakes
 - (a) Mere "obscurities" via confusion of quality and quantity re separate states
 - (b) But we get "problems" by introducing space into duration
 - (i) Zeno's paradoxes
 - (ii) Free will
 - (c) Instead of seeking to solve the [badly stated] problem "we shall show the mistake of those who ask it"